

Mt. Morris Senior Center Newsletter February—March 2018 mmseniorcenter.com



Biscuits & Gravy

Start your day off right with Biscuits & Gravy! Every Wednesday, (note time change) 8-10:00 am-Half order \$2. Full order \$3.50, Coffee, tea, bottled

water or hot chocolate \$.50. All ages welcome, you don't have to be a member of the center to enjoy this great breakfast. Bring your friends and family.

Free Lunch

Come join us for a free community lunch on February 20, from 11 am-1 pm.

Than on March 13, join us for our free community breakfast from 8 am-10 am. You don't have to be a member of the center to enjoy these free meals.

> "Tea for You" Tuesday, February 13th

1 pm **e** You are cordially invited to an afternoon Tea.

Come share a cup of Tea and enjoy homemade Scones.

RSVP by February 8th.

815-734-6335

The Senior Center will be closed Feb. 19th.

Jam Session Bring your instruments and voices for a fun filled time. We welcome new music players and singers. If you are hungry you can buy a lunch for \$3.00 at noon. Feb. 28, 10:30 am Lunch 12 pm Homemade Pizzas.

March 28, 10:30 am Lunch 12pm Chicken Kabobs & Strawberry Shortcake Kabobs (in celebrations of something on a stick day)

Potluck

Friday, February 16 5:30 pm Host: Barb. Horner Program: Loaves & Fish Please bring can goods Please bring a dish to pass and your own table service.

Friday March16, Saint Patrick Day Bring a Irish dish, anything green or dress up. 5:30 pm Host: Aaron Rowe Program: Shamrock Shenanigans Bring a dish to pass and table service.

Bingo & Birthday Party

February 21, 2018 Bingo 10:30 Free Lunch 11:30 Cost \$6.00 Menu: Chicken Salad Sandwiches, Chips, Applesauce Cake & Ice Cream <u>RSVP by Feb. 16th.</u>

March 21, 2018 Bingo 10:30 Free Lunch 11:30 Cost \$6.00 Menu: Taco Salad, Cake & Ice Cream. <u>RSVP by March 16th</u>

Lunch Bunch

If you like to go out for lunch and don't like to eat alone, join our lunch bunch.

We will be going on February 2, to Galena Steakhouse in Dixon. Please meet at the Mt. Morris Senior Center by 10:30 am to carpool to Dixon.

On March 2 we will go the White Pines. Please meet at the senior center at 10:30 am to carpool to the Pines.

RSVP by January 30th and February 28.

Thank You

Thanks to everyone who responded to our Christmas wish list. Those who attended COTVS pancake breakfast, our "NOON Years Smorgasbord and those who bought our Carmel Corn. We are looking forward to 2018 with many more activities. Your support is very much appreciated.

All You Can Eat Fish Fry

We will be having our fish fry, and garage sale, on Friday, March 23.

Garage sale: 8am to 7pm, upstairs conference room. If you have items you would like to donate, you can bring them to the senior center starting February 12, 2018. Please no large furniture and only items that work.

The fish fry will be from 4pm to 7pm, there will be fried or baked fish, potato salad, baked beans or coleslaw, dessert and drink for \$10.00

Watch the newspaper for further details.

Need Transportation call Rock River Center: 815-732-3252 or 800-541-5479

Lots (Lee-Ogle Transportation) 815-288-2117 or 888-239-9228

Craft Board Sign

Size 3 ft. x 1ft

We will be doing a craft on February 7 at 10:30 am and than we will offer the same craft on Saturday February10 at 9:00am for those who work. Please RSVP by February 1st for either date.

Cost: \$10:00

Call: 815-734-6335





Grocery Delivery

A service for older adults and the disabled for home delivered grocery service. Here's how it works, you, the client call Sullivan's Foods (815-734-6868) and set up an account, Place your order on Wednesday, and the senior center will deliver your bags of groceries on Thursday morning around 9am. If you have any questions call us at 815-734-6335

Lifescape Community Meals

For home meal delivery Phone: (800) 779-1189



New/Renewed Memberships

Thanks to all who renewed or became new members to the Senior Center. Your support helps continue our programs and support to the community.

Jerry & Anne Knodle, Darline Beard, Nellie Winters, Mary McIntruff, Carolyn Hackbarth, Pat Miller, Herman & Gloria Hartle, Sally Gray, Sylvia Saunders, Bill & Cindy Nicholson, Rev. Julie Bunt, Louis Finch, Ron Bjorklund, Roger Martin, Marilyn Muller, Nanci Nelson, Walt & Irene LeFevre, Mike & Judy McNett, David & Mary Jane Warkins, Betty Calvert, Jo Willis, Monte & Judy Nixon, Irene Rahn, James & Mary Francis, Evelyn Freimuth, Lowell Shaefer, Sharon Wallace, Ralph & Dora Ubben, Carol Hachmeister, Joan Base & Marvin and Juanita Miller.

Life members that made donations were Dr. Ed. & Molly Baker, Lila Baker, Darrel & Donna Waddelow, Marjorie Felker, Wayne Bearman & Warren & Carol Reckmeyer.



In Kind Donations

Kayla Haub, Barb Horner, Elaine Lee, Bill Clark, Dawn VanCleve, Melissa Nicholson, Donna Jean Wallgren, Mike Kuhn, Joan Base, Spectrum Meats, Linda Black, Kelli Haub, Connie Tate (Mt. Morris Masons), Goodfellows & Phyllis Shoger

Thank You

Thanks to the following for their continues support.

Ogle County Board, Mt. Morris Village, Exlon United Way & other United Way, Knights of Columbus, Rochelle Newspapers Mt. Morris Moundertown Website, David & Leigh Clark in honor of Bill & Kathy Clark & Disciple United Methodist Women.

Memorials

In memory of Howard Heid

Forrest & Pamela Floto, Ann Fritz, John Martin, Pete Martin & Mary Martin



T-Shirt Sale

We still have some Mt. Morris Senior Center t-shirts for sale. They are \$12.00. Call or come to the center to pick up your shirt. They make nice gifts. Call 815-734-6335.



🌭 Join Us! 🥔 👘 Fitness Classes

On January 30th our new fitness classes start. We offer a very good exercise workout for older adults 3 days a week on Monday, Wednesday & Friday from 9-10 am. A trained instructor will lead you. Two # weights are used in part of the regime. An optional social time takes place in the Dr. Stengel Coffee Shop following your workout. If interested in joining this beneficial and fun activity call us to join any time. (815-734-6335)

There is a fee for the exercise class and it runs for 10 weeks. We appreciate Highland Community College providing the fee for the instructor.

Here are some new activities we are planning for February and March!!!

Saturday, February 3 NATIONAL ICE CREAM FOR BREAKFAST DAY! \$4.00 for an ice cream breakfast sundae. Tuesday, February 6th: **Chopstick Party,** Chinese for lunch, learn how to use Chopsticks 12 noon. Cost \$5.00. RSVP by February 2nd; 815-734-6335

Friday, February 9th: Pizza Party, 5 pm. For National Pizza Day! We will be making homemade pizzas. Cost:\$5.00. RSVP by February 5th. 815-734-6335

INVITE A FRIEND WEEK!

February 12-16 Get a raffle ticket for each friend you invite to the senior center and enter to win the prize. Winner will be drawn February 20th.

Margarita Night at Sharky'Sport's Bar! Taco and Nacho Bar! Paint a Margarita Glass for \$10. Thursday, February 22: 5:00 pm

Friday, February 23rd: National Dog Biscuit Day. For \$5 Joan will teach you how to make your own dog biscuits.

Wednesday, February 28: International Pancake Day! Breakfast will start early @ 7 am and we will serve pancakes for \$1 each also we will have our regular Biscuits and Gravy. Stop by on your way to work or school!

BE OUR GUEST!

Monday, February 26 is National Fairy Tale day, so join us as we watch a fairy tale together complete with some "grey stuff". The movie will start at 5 pm. Bring a lawn chair and \$5 so we can order some pizza for dinner! Saturday, March 3rd: CANVAS DOODLES! \$10, 10 am. Bring your favorite quote or Bible verse and learn how to doodle it onto a canvas in celebration of National Doodle Day. RSVP by Feb. 28, Call 815-734-6335

Friday, March 9th: It's Popcorn Lover's Day! We will have several kinds of popcorn at 10:30 am Monday, March 12th: 4 pm, Plant a flower in a hand painted pot for only \$5. The Girl Scouts will be helping us with this project . RSVP by March 3rd, Call 815 -734-6335

Wednesday, March 14th: Join us for 3 styles of Pi... Pizza Pie! Apple Pie! Math games! All ages are welcome. 5 pm RSVP by March 19, Call 815-734-6335

Thursday, March 15th is the Ides Of March, We will serve a Irish meal & watch an Irish movie, 12 noon, Cost \$5, RSVP by March 9, Call 734-6335.

Monday., March 19: Chicken Lunch for \$5. in partnership with Jimbo's Smokehouse. RSVP 815-734-6335

Tuesday, March 20: Watch an Alien Movie with Alien desserts at 5 pm, RSVP by March 16th. Bring \$5 to order pizza.

Spring Break No Bake

4.

Lynn Kaufman a will be with us on March 26th at 10:30 am to teach us an amazing no bake cookie recipe. \$10 per person. This event is open to all ages and will be a great bonding activity for parents, grandparents, neighbors and friends. **Please RSVP by March 21st by calling 815-734-6335**

March 27: Sloppy Joe Community Dinner. \$5 4-6pm. Free for all Joe's in celebration of National Joe Day.

March 30: We will have a noon (12 pm) picnic at Dillehay Park. Please bring a dish to pass and your own table service. We will play yard games after we eat. Come have some fun with us.

Do You Qualify for Extra Help with your Prescription Drug Cost? The Mt. Morris Senior Center can help!

Extra Help, the federal assistance program that helps individuals with limited finances pay for their Medicare prescription drug costs. You may qualify for Extra Help if...

- In 2016, individuals who receive \$1,485 or less each month and have \$13,640 or less in assets should qualify for Extra Help.
- In 2016, couples who receives \$2,003 or less each month and have \$27,250 or less in assets should qualify for Extra Help.

If you have Medicaid, a Medicare Savings Program or you receive Supplemental Security Income (SSI), you should get Extra Help automatically. If you do not get Extra Help automatically, or think you may qualify, call the Mt. Morris Senior Center to make an appointment, 815-734-6335.

AmazonSmile is an easy way to give to our Senior Center!

On your first visit to **AmazonSmile** (**smile.amazon**.com), you are prompted to select a charitable organization from the list of eligible organizations. You can change your selection at any time. To change your charitable organization sign in to **smile.amazon**.com on your desktop or mobile phone browser. Directions:

- 1. Sign in to <u>smile.amazon.com</u> on your desktop or mobile phone browser.
- 2. From your desktop, go to **Your Account** from the navigation at the top of the page, and then select the option to **Change your Charity** under "Shopping, Programs & Rentals", at the bottom of the page.
- 3. Type Mount Morris Senior Center in the **Search** box. Select Mount Morris Senior Center. 0.5% of the purchase will automatically go to our center.

Tell your family, friends and neighbors to choose Mount Morris Senior Center as their preferred charity.

Do you qualify for a License Plate discount?

You may qualify if:

- You are 65 years or older by December 31, 2017 or 16 years of age or older and totally disabled before January 1 2018 and a current Illinois resident.
- Total income last year must be less the \$27,610 for a 1 person household (yourself only) * \$36,635 for a 2 person household (yourself and your spouse, or yourself and one Qualified Additional Resident).
 *\$45,657 for a 3 person household (yourself, your spouse and one Qualified Additional Resident, or yourself and two Qualified Additional Residents).
- If you meet these requirements call 815-+734-6335 to set up an appointment.

Are you turning 65?

Do you need help understanding

Medicare A, B, C, & D

The Mt. Morris Senior Center can help! Call 815-734-6335 to make an appointment with one of our trained certified councilors.

Annual Level of Giving

Membership per individual

Supporting-----\$25 Contributing-----\$35 Sustaining----\$50 Sponsor per individual---\$100 Or Organization Seniors on the Move, Caring, Sharing, & Serving

> Make checks out to the Mt. Morris Senior Center

Life membership levels

Silver-----\$500 Gold-----\$1000

Circle of Friends Support

Name	
Address	
Phone	
Spouse	
Amount of gift	

The above levels of giving is a suggestion, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows.

Date of application: Date entered in system: Mt. Morris Senior Center 9 East Front St Mt. Morris, Il. 61054 Phone:815-734-6335

February 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Mexican Train 12:30 pm	2 Fit. Class 9-10 Lunch Bunch 10:30 Galena Steakhouse RSVP by Jan. 30th	3 9-11 am Ice cream Breakfast
4 AA Mtg. 7 pm	5 Fit. Class 9-10 Hand & Foot 12:30 pm	6 Noon Chopstick Party. Euchre 12:30	7 Fit. Class 9-10 Biscuits & Gravy 8-10 am Ship 1-3 Craft 10:30 Board Sign Bridge 1 pm	8 Mexican Train 12:30 pm	9 Fit. Class 9-10 5 pm Pizza Party RSVP by Feb. 5th	10 Craft Board Sign 9 am
11 AA Mtg. 7 pm	12 Fit. Class 9-10 Hand & Foot 12:30 pm	13 Tea For You 1 pm Euchre 12:30 friend v	14 Fit Class 9-10 Biscuits & Graw 8-10 am Ship 1-3 Bridge 1 pm	 15 MMSC Board Mtg. 8 am Mexican Train 12:30 pm 	16 Fit. Class 9-10 Potluck 5:30 Please bring a can good for Loaves & Fish Bring a dish to pass and your own service	17
18 AA Mtg. 7 pm	19 Senior Center Closed.	20 Free Community Lunch 11am-1 pm Euchre 12:30	21 Fit Class 9-10 Biscuits & Gravy 8-10 am Free Bingo 10:30 Lunch 11:30 Ship 1-3 Bridge 1	22 Mexican Train 12:30 pm 5 pm Margarita Night & Taco bar at Sharky's	23 Fit Class 9-10 10:30 am Making Dog Biscuits	24
25 AA Mtg. 7 pm	26 Fit. Class 9-10 Hand & Foot 12:30 pm	27 Euchre 12:30	28 Fit. Class 9-10 Biscuits & Gravy +Pancakes 7-10 Jam Session 10:30 Lunch 12 Ship 1-3 Bridge 1			

Mt. Morris Senior Center

9 East Front St

Mt. Morris, Il 61054

March 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Bring your gar Senior Center before March	for our gara		1 Mexican Train 12:30 pm	2 Fit. Class 9-10 Lunch Bunch Pines 10:30 am RSVP by Feb. 28th	3 Canvas Doodles 10 am RSVP by Feb. 26
4 AA Mtg. 7 pm	5 Fit Class 9-10 Hand & Foot 12:30 pm	6 Freezer Meal Class \$10.00 5 pm RSVP by March 1 Euchre 12:30	7 Fit Class 9-10 Biscuits & Gravy 8-10 Ship 1-3 Bridge 1	8 Mexican Train 12:30 pm	9 Fit. Class 9-10 Popcorn Party 10:30	10
11 AA Mtg. 7 pm	12 Fit Class 9-10Plant a flower withGirl ScoutsHand & Foot12:30 pm	13 FreeCommunityBreakfast8-10 amEuchre 12:30	14 Fit. Class 9-10 Biscuits & Gravy 8-10 Pi Party 5 pm Ship 1-3 Bridge 1	15 Ides of March 12 pm Mexican Train 12:30	16 Fit. Class 9-10 Potluck 5:30	17
18 AA Mtg. 7 pm	19 Fit Class 9-10Noon ChickenLunchHand & Foot12:30 pm	20 Euchre 12:30 Alien Movie with Alien Desserts 5pm	21 Fit. Class 9-10 Biscuits & Gravy 8-10 Free Bingo 10:30 Lunch 11:30 Ship 1-3 Bridge 1	22 Mexican Train 12:30 pm	23 Fit. Class 9-10 Garage Sale 8am-7pm Fish Fry 4:30– 7 pm	24
25 AA Mtg. 7 pm	26 Fit Class 9-10 Spring Break No Bake Cookies 10:30 am Hand & Foot 12:30	27 Euchre 12:30 Sloppy Joe Dinner 4-6	28 Fit. Class 9-10 Biscuits & Gravy 8-10 Jam Session 10:30 Ship 1-3 Bridge 1	29 Mexican Train 12:30 pm	30 Fit. Class 9-10 Picnic @ Dillehay 12pm	31

B & R TOUR PRESENTS Niagara Falls & Toronto

You Must Bring a Valid U.S. Passport or U.S. Passport Card for this Tour INCREDIBLE PRICE INCLUDES:

Motorcoach transportation .

- 5 nights lodging including 3 consecutive nights in the ٠ Niagara Falls area
- 8 meals: 5 breakfasts and 3 dinners
- GUIDED TOURS OF NIAGARA FALLS & TORONTO
- A Journey to The Falls on a "HORNBLOWER NIAGARA ٠
- CRUISE"
- Gaming at FALLSVIEW CASINO •
- A visit to NIAGARA-ON-THE-LAKE & QUEEN VICTORIA PARK A visit to Casa Loma; Canada's most magnificent castle
- For more pictures, video and information visit: www.GroupTrips.com/barbandro

\$586 *

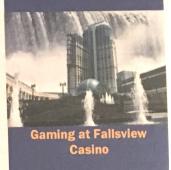
5 NIGHTS 6 DAYS PER PERSON, DOUBLE OCCUPANCY (Mon - Sat) September 17 - 22, 2018



World's most famous Falls



Magnificent Casa Loma **Castle in Toronto**





Visit beautiful Queen Victoria Park

Departure: 409 W. Brayton Rd, Mt. Morris, IL @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: captivating, awe-inspiring Niagara Falls! This evening, you will check into an en route hotel and relax for the evening.

Day 2: Enjoy a Continental Breakfast before continuing towards your destination. You'll begin with a Guided Tour of the Niagara Falls area. Visit an engineering marvel, the Welland Shipping Canal and beautiful Queen Victoria Park – home of one of the world's largest Floral Clocks. Later, enjoy a relaxing Dinner and check into your Niagara Falls area hotel for three nights. Day 3: Enjoy a Continental Breakfast before departing for a Guided Tour of the beautiful cosmopolitan city of Toronto, Ontario. You will also visit Toronto's majestic castle estate - Casa Loma! Later, you will dine at a local restaurant before heading back to your Niagara Falls area hotel.

Day 4: Start the day with a Continental Breakfast before enjoying one of Niagara's most popular and breath-taking attractions, a boat ride on a "Hornblower Niagara Cruise." Sail near the base of the Horseshoe Falls and enjoy a truly awe-inspiring view of the mighty Niagara. Then, you'll take a tour of historical Niagara-on-the-Lake, one of the prettiest towns in Canada and full of 19th century charm. Later, enjoy Dinner and a visit to exciting Fallsview Casino and get in some gaming action before returning to your hotel.

Day 5: Enjoy a Continental Breakfast before leaving for the Erie Maritime Museum. This evening, relax at your en route hotel.

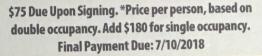
Day 6: Today after enjoying a Continental Breakfast, you depart for home... a time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP ...

With Diamond Tours Exclusive Travel Confident® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

FOR INFORMATION & RESERVATIONS CONTACT:

Barb Davis @ (815) 441-0900 Rogene Strite @ (815) 238-3620





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Put Your *Mind at Ease* on the I

with the Travel Confident® Protection Plan! Travel Insurance - Same Price - Regardless of Age!

PLAN BENEFITS INCLUDE:

for at least 48 hours

your home to become uninhabitable

to your trip's departure point

Fire, Flood or Natural Disaster that causes

Burglary of your home within 10 days of departure

Getting into a Traffic Accident on your way

Trip Cancellation: You are covered for your FULL TOUR COST in the event you must cancel your trip for one of the reasons below. Trip Interruption: You are covered for reimbursement of your fare to travel home and your unused prepaid tour cost (not to exceed 150% of

your total tour cost), when you must leave your trip early for one of the following reasons: Weather that causes your common carrier to cease operations

Sickness, Injury or death to you, a traveling companion, a

family member, or a business partner Jury Duty or being required to appear as a witness in a legal

action A Strike that causes services to cease for at least 48 hours

Losing Your Job where you have worked for at

least 3 years

Terrorist Attack, Hijack or Quarantine

You are covered for the "single supplement" surcharge if your roommate cancels for one of the above reasons.

QUESTIONS? Call 1-855-376-2037	Trip Cost (per person)		Travel Confident® Cost (per person)		
2 EASY Ways to Sign Up:	Up to \$500		=	\$35	
	\$501 - \$600	=		\$45	
 MAIL - Give a check to your Group Leader in the amount indicated by the table made out to "Travel Insured International" OR INTERNET - Sign up at www.travelconfident.com 	\$601 - \$700	=		\$59	
	\$701 - \$1,100	=		\$69	
	\$1,101 - \$1,500		=	\$94	
	\$1,501 - \$2,000		=	\$129	
	www.travelconfident.com\exclusions.aspx				

RECEIVE THIS BENEFIT!

ACT NOW so you are eligible for PRE-EXISTING CONDITION coverage! You must purchase your Travel Confident Protection Plan within 14 days of writing your check for your initial trip deposit. Review the complete terms in the exclusion section of your policy.

Baggage Benefit - Up to \$1,000! If your baggage is lost, stolen or damaged!

Medical Expense - Up to \$5,000! If you are injured or become ill on the trip. You also are covered for up to \$750 in emergency dental treatment.

Emergency Medical Evacuation - Up to \$20,000! Should a severe illness require immediate care and a local hospital cannot meet your needs, you are eligible for transportation to the nearest hospital with appropriate treatment. A toll-free call to 1-888-268-2824 starts the arrangements. If you are traveling alone, you are also covered for the air fare of a companion to join you at the hospital (providing you are in the hospital for at least 7 days).

24/7 Assistance Services included: Lost Baggage Retrieval • Emergency Cash Advance • Medical or Legal Referrals • Prescription Drug/Eyeglass Replacement • Translation Services • Payment to the Assistance Company is Your Responsibility.

**** TIPS FOR TRAVELERS: ****

- · Cancel with your Group Leader as soon as you are aware of the need to cancel.
- In the event you need to file a claim, contact Travel Insured International at 1-855-376-2037 as soon as possible. Be prepared to provide the insurance company with proof of payments for all portions of your trip, including the insurance.
- · Get detailed medical statements from treating physicians where and when an accident or sickness occurred. Save your receipts, proof of all payments and proof of insurance. Pay by check or credit card when you can.
- · If you have purchased the Travel Confident Protection Plan, for emergency medical evacuation or to arrange emergency travel home, pleas

call the Assistance Company at 1-888-268-2824 or collect at 1-202-296-8720. Be sure to call before you incure any expenses!

888-268-2824 or collect at 202-296-8720. Be sure to call before you incur any expenses!

** Please remember - this Flyer IS NOT your insurance policy. Be sure you receive a copy of your policy and read

it before your trip. See your Group Leader or visit www.travelconfident.com to obtain a copy. **

This is a brief summary of benefits under the Plan. The benefits are subject to the provisions, limitations and exclusions of the Policy. Refer to Ye Policy for complete details. Plans are underwritten by the United States Fire Insurance Company. The Crum & Forster group of companies is ra A (Excellent) by AM Best Company 2012. Not all coverage is available in all jurisdictions. Travel Assistance Services are provided by an independent organization and not by United States Fire Insurance Company or Travel Insured International.

New Medicare Cards Are Coming 2018

New cards will automatically come to you in the mail. This has been put in place to remove all Social Security numbers from your cards for your identity protection. There will be no gender and no signature line on new cards and the cards will arrive in an HHS envelope.

<u>Please be aware no one will call you for your information.</u> If you receive a call about your new Medicare Card, IT IS A SCAM!!!!

New cards will start being mailed in April of 2018 and all will be replace by April of 2019, so watch your mail, and shred your old Medicare Card as soon as you get your new one. If you do not have access to a shredder, bring your old card to Mt. Morris Senior Center and we will shred them for you.

